

Dr. Allen and Donna Kaalaas Memorial Scholarship

A scholarship award of \$1000 is given in memory of Dr. Allen and Donna Kaalaas. Page two of this document provides information about the Kaalaas family. This scholarship shall be used to provide assistance for tuition and textbooks to students who have graduated from Hiawatha High School and will be pursuing a career in medicine or nursing.

A check for the scholarship amount of \$1000 will be sent presented directly to the student.

Qualifications for the scholarship are:

1. Must be a Hiawatha High School Graduating Senior
2. Must be accepted at a qualified institution of higher learning.
3. College, vocational, or technical curriculum must be in medicine or nursing. (*Preference will be given to nursing applications*)
4. Financial need is considered.
5. Character is considered.
6. If circumstances warrant, a student's desire or potential for success will be considered as or more important than grades.
7. Students interested in applying for this scholarship will need to complete the application below, along with an essay, typewritten and double-spaced, demonstrating how they fulfill the criteria as outlined.

Dr. Allen and Donna Kaalaas Memorial Scholarship Application

Name _____

Address _____

Date of Birth _____ Parents Name _____

List colleges, vocational, or technical schools to which you have applied and/or accepted.

Please provide and attach a typewritten, double-spaced essay describing how you meet the criteria of this scholarship, which include but are not limited to character, financial need and desire for the opportunity to pursue a career in medicine or nursing.

Applicants Signature _____ Date _____

Please return this application form to your counselor by

Thursday, March 1st, 2018.

About Dr. Allan Kaalaas and Donna Ann Upstone Kaalaas

Allen L. Kaalaas, M.D., 75, of Olympia, Washington and formerly of Kirkland, Illinois, passed away at his home on July 18, 2006 with his family by his side. Allen was born to Olaf and Ida (Larson) Kaalaas on October 25, 1930 in Rockford, Illinois.

He attended the one-room grade school in Cronktown, near Kirkland. He graduated from Kirkland High School in 1948. Following graduation he entered the United States Air Force and served for four years. After his service he worked for the Rockford Drop Forge for one year. He married Donna A. Upstone on May 2, 1953. That September he entered the University of Illinois in Champaign, Illinois as a pre-med major. In September of 1957 he entered the University of Illinois Medical School in Chicago.

After graduating in 1961 Allen, Donna, and their children, Roger and JoAnn, moved to Portland, Oregon for Allen's internship and residency. While there they had another child, Richard. When Allen finished his residency the family moved to Olympia, Washington where he opened a private practice in obstetrics and gynecology. He retired in 1987. He began spending several months a year residing at the family farm in Kirkland. He and Donna renewed old friendships and spent time with family members. Allen enjoyed fishing, hunting, flying, doing crossword puzzles, and tending his vegetable garden in Illinois.

He was survived by his wife, Donna; children, Roger Kaalaas, of Portland, Oregon, Jo Ann Kaalaas-Sittig, of Lake Oswego, Oregon, and Richard Kaalaas, of Seattle; grandchildren, Trygve Kaalaas and Rachel Sittig; and his brother, Don Kaalaas, of Kirkland, Illinois.

Donna Ann Upstone-Kaalaas passed away peacefully on August 6, 2007 after a lengthy illness. After the death of Allen Kaalaas M.D., her husband of 54 years, Donna moved to Terwilliger Plaza in Portland, Oregon to be closer to her children and grandchildren. Her family was with her in the last days and hours of her life. Donna is survived by her children, Roger Kaalaas and his wife Susan, of Portland, Oregon; JoAnn Sittig and her husband Dean, of Lake Oswego, Oregon; Richard Kaalaas of Seattle, Washington; and her grandchildren, Trygve Kaalaas, Rachel Sittig, Holly Cowan, and Eric Davis. Born in Fairdale, Illinois,

Donna attended Fairdale Elementary School and graduated from Kirkland High School. Donna attended Saint Anthony School of Nursing in Rockford, Illinois, and upon graduating as a Registered Nurse, she worked at the hospital in the maternity unit. In 1953 Donna married Allen Louis Kaalaas, whom she had first met when they were both 4 years old. Allen and Donna, along with their two oldest children, moved to Portland, Oregon in 1961. While in Portland, Donna worked at Emmanuel Hospital, where her husband completed his medical education. The family moved to Olympia, Washington in 1965, where Donna worked in her husband's medical practice while raising their family. Donna was involved in a wide range of volunteer and service activities that included Saint Peter's Hospital and the Capital City Newcomers. She had a large group of friends dedicated to "the good life of lunch, friendship and the pursuit of the perfect bridge game!" In later years, Donna's volunteering continued as part of the Auxiliary Sewing Circle, creating many of the items that are given to hospital patients. Donna was known as an avid cookie baker, giving plates of delicious treats to friends and family during the Christmas Holidays.

The last twenty years Donna and Allen split their time between homes in Lacey, Washington and 'Family Farm' located outside Fairdale, Illinois where Donna reverted to her Midwest roots, spending time with family and friends. Donna is deeply missed by the many people she profoundly touched over the years, and who fondly remember her smile, bubbly personality and her kind, loving humor!